

Custom form created by Litisha Turner, RN and its associated rendering (bottom of page). Notice the rendering sounds like the information was dictated.

Migraine

Onset Age: 13 Avg # of migraines per month: 6 Retired
 Disability Disability is due to: ____ Occupation: ____

Previous Evaluation

consultation with neurologist consultation with family practitioner Other: ____
 MRI of head/neck spinal tap EEG physical therapy/massage
 CT head/neck acupuncture botox dietary restrictions

Prescription Meds: ____
 OTC Meds: ____

Has been treated in the ER/Inpatient hospital ____ times in the last year
 Ever had head or neck injury requiring medical treatment?

MIDAS Questionnaire

1. How many days in the last three months did you miss work or school? 1
 2. How many days in the last three months was your productivity at work or school reduced by half or more due to headaches? 1
 3. How many days in the last 3 months did you not do household work due to headaches? 1
 4. How many days in the last 3 months was your productivity in household work reduced by half or more due to headaches? 1
 5. How many days in the last 3 months did you miss family, social or leisure activities due to headaches? 1

Total MIDAS Score (add 1-5): 5

Onset Mode

Gradual Sudden
 How painful are your migraine headaches (1-10): 8

Location/Laterality

Left Frontal Right Frontal Bilateral Frontal
 Left Occipital Right Occipital Bilateral Occipital
 Left Temporal Right Temporal Bilateral Temporal
 Other: ____

Quality/Character

dull throbbing aching

Radiation

None

behind left eye behind right eye behind both eyes
 left temple right temple both temples
 above left eyebrow above right eyebrow above both eyebrows
 back of head on left back of head on right back of head on both sides
 Left Frontal Right Frontal Bilateral Frontal
 Left Occipital Right Occipital Bilateral Occipital
 Left Temporal Right Temporal Bilateral Temporal
 Left Trapezius Right Trapezius Bilateral Trapezius
 Left Hemicranium Right Hemicranium

Duration

lasting < 2 hours
 lasting 2-4 hours
 lasting 4-12 hours
 lasting 12-24 hours
 lasting > 24 hours

Has awoken at night/morning with headaches 2 times in the last year

Cause/Trigger

Nothing
 ingestion of ____
 weather changes
 menstrual cycle
 missed meals
 Trauma: ____
 florescent lights
 stressfull event
 loud noises
 smells
 Other: ____

Improved by

Nothing
 Caffeine
 NSAIDS
 Opiod Analgesics
 Heat
 Other: ____
 Aspirin
 Acetaminophen
 Sleep
 Antiemetics
 Rest
 Quiet
 Darkened Room
 Massage

Activities that can't be performed due to migraines: football

Do any of the following occur before or during the migraine headaches?

nausea
 speech difficulty
 decreased concentration
 muscle weakness
 vomiting
 HA worsened by noise
 blurry vision
 seeing flashing lights
 diarrhea
 HA worsened by light
 HA w/hasal discharge
 Other: ____

General Health Rating

Excellent
 Good
 Fair
 Poor

History of Present Illness

Migraine: Mr. Test states his migraine headaches began at the age of 13. He has an average of 6 migraines per month. He is not on disability His previous evaluations included being evaluated by a neurologist, accupuncture and an EEG. He has not been treated in the ER/inpatient hospital in the last year. He had a prior head or neck injury that required medical treatment. When asked about lost family, social and work activities due to their headache pain using the MIDAS questionnaire, their total MIDAS score over the last 3 months was 5.

Onset of migraines has been gradual. He describes the pain level associated with her migraines as a 8/10. The headache pain originates in the left frontal region. He describes the quality/character as dull and aching. The pain radiates behind left eye. The migraines usually last 2 to 4 hours. He has waken up at night/in the morning with migraines 2 times in the last month. He believes that the migraines are brought on by florescent lights and loud noises. His migraines are improved by caffeine and sleep. He can't participate in "football" due to the migraines. Prior to or during the migraine headaches, he has nausea, vomiting and diarrhea. He rates his general health over the past three months as good.